

# Bridging Heaven and Earth

Interview Questions for Doreen Mary Bray

Spiritual Teacher, Naturopath, and Shaman

These thoughtfully crafted questions are designed to guide meaningful, soul-awakening conversations with Doreen Mary Bray. They invite depth, reflection, and illumination — perfect for radio, podcast, and television interviews.

## The Journey & Calling

- What first awakened your calling to bridge the realms of Heaven and Earth?
- How did your path as a Naturopath and Shaman begin — and how have they woven together over time?
- Was there a defining moment that revealed your deeper purpose in this lifetime?

## The Soul & Modern Life

- You speak of a 'soul crisis' behind modern stress. What do you mean by that?
- How does disconnection from our soul express itself in the modern world?
- What first steps can someone take to begin awakening their soul connection again?

## Healing & Transformation

- You often describe healing as an alchemical process. What does that mean to you?
- How can emotional pain or illness become a portal for transformation?
- What role do nature and the unseen realms play in true healing?

## For Young Seekers

- Your upcoming program 'Inner Engineering: Growing Your Soul' is designed for young adults. What inspired it?
- Why is this generation so important to the awakening process happening on Earth right now?
- How can young people develop a relationship with their soul amid a world of distraction and uncertainty?

### Ancient Wisdom for the Modern World

- How do you translate ancient shamanic and alchemical wisdom into a language modern people can live by?
- Are there practices or principles from the ancients that are especially vital today?
- How can we each become bridges between Heaven and Earth in our own daily lives?

### The Book & Its Message

- Your book carries a luminous and transformative message. What inspired you to write it?
- What do you most hope readers experience as they move through its pages?
- How does your book guide people through the alchemy of transformation and return to wholeness?

### Legacy & Vision

- What is the deeper legacy or light you wish to leave in this world?
- How do you envision your work evolving in the years ahead?
- If you could share one message with humanity at this moment, what would it be?