

## Press Sheet: Doreen Mary Bray

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Doreen Mary Bray is a sought-after spiritual teacher, shaman, naturopath, and author of \*The Angel and the Avatar\*. She guides audiences through transformative conversations about soul sovereignty, multidimensional healing, and ancient wisdom in modern life.

### Speaking Topics

- Soul Sovereignty & Self-Mastery
- The Shamanic Path & Rites of Passage
- Ancient Wisdom for Modern Times
- Healing the Emotional Body
- Multidimensional Awakening
- The Art of Living from the Inside Out
- Youth Empowerment & Conscious Character Development
- Energetic Healing and Sacred Space Clearing

### Ideal For

- Podcast Interviews
- Keynote Events
- Retreats & Spiritual Summits
- Youth Empowerment Programs
- Holistic Health Conferences
- Online Workshops & Masterclasses

### Contact & Info

- Location: Canada (available internationally via Zoom)
- Instagram: <https://www.instagram.com/shamanicdoctor/>
- Facebook: <https://www.facebook.com/doreenmary.bray/>
- YouTube: [www.youtube.com/@DoreenMaryBray/](http://www.youtube.com/@DoreenMaryBray/)

## Book Information

**Title:** The Angel and the Avatar

**Subtitle:** Heaven

**Author:** Doreen Mary Bray

**Genre:** Spiritual Fiction / Magical Realism / Legendary Wisdom / Young Adult

**Book Website:** <https://www.theangelandtheavatar.com/>

**Available:** October 22<sup>nd</sup>, 2025

**Description:** A powerful story bridging the celestial and earthly realms, *The Angel and the Avatar* explore what it means to embody the divine, walk between worlds, and fulfill a soul's highest calling.

**Upcoming:** Book Two: The Angel and the Avatar – Earth – A continuation of the Angel's journey, coming soon.